

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3		Invasion Games (invasion core tasks)	Quick sticks (invasion core tasks)	Tri golf	Multi-skills	Athletics Sports day. (Athletics core tasks)	Athletics (Athletics core tasks)
		Gym (Gym core tasks)	Dance (Dance Core tasks)	Net and wall games (Net and wall core tasks)	Outdoor adventure (Outdoor adventure core tasks)	British Dodgeball	Striking and Fielding (Striking and fielding core tasks)
Year 4	4P	Invasion Games (invasion core tasks)	Net and Wall Games (Net and wall core tasks)	Quick sticks (invasion core tasks)	British Dodgeball	Striking and Fielding (Striking and fielding core tasks)	Athletics Sports day. (Athletics core tasks)
		Dance (Dance Core tasks)	Gym (Gym core tasks)	Tri golf	Swimming	Swimming	Swimming
	4S	Quick sticks (invasion core tasks)	British Dodgeball	Dance (Dance Core tasks)	Gym (Gym core tasks)	Net and Wall Games (Net and wall core tasks)	Athletics Sports day. (Athletics core tasks)
		Swimming	Swimming	Swimming	Tri golf	Invasion Games (invasion core tasks)	Striking and Fielding (Striking and fielding core tasks)
Year 5		Athletics (Athletics core tasks)	Quick sticks (invasion core tasks)	Badminton (Net and wall core tasks)	Arrows Archery	Athletics Sports day. (Athletics core tasks)	Invasion Games (invasion core tasks)
		Gym (Gym core tasks)	Dance (Dance Core tasks)	Multi-skills	Outdoor adventure (Outdoor adventure core tasks)	Net and wall games (Net and wall core tasks)	Striking and Fielding (Striking and fielding core tasks)
Year 6		Gym (Gym core tasks)	Net and wall games (Net and wall core tasks)	Invasion games (invasion core tasks)	Multi-skills	Athletics Sports day. (Athletics core tasks)	Athletics (Athletics core tasks)
		Athletics Comp prep (Athletics core tasks)	Ultimate Frisbee (invasion core tasks)	Dance (Dance Core tasks)	Badminton (Net and wall core tasks)	Arrows Archery	Striking and fielding

Key stage 2 – Information on coverage.

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

<u>Curriculum requirement</u>	<u>Coverage</u>
Running	Cross Country
Jumping	Athletics, gym, dance
Throwing and catching	Invasion Games- Throwing and catching
Competitive games	Hockey, tag rugby, cricket, rounder, tennis, netball
Attacking and defending	Invasion Games- Tactics, attacking and defending
Develop flexibility, strength, technique, control and balance.	Athletics, gym, dance
Perform dances using a range of movement	Dance
Take part in outdoor adventurous activities both individually and as a team	Outdoor adventure
Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Dance, gym