



The Royal Wolverhampton
NHS Trust

0-19 Service Administrative Hub
Whitmore Reans Health Centre
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Wolverhampton
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Dear parent/guardian,

I am writing on behalf of the 0-19 Service School Nursing Team because our records indicate that your child has asthma.

With COVID-19 it is more important than ever that your child's asthma is well-controlled. Asthma symptoms can happen anywhere including during the school day or before/after school activities.

Asthma UK <https://www.asthma.org.uk/advice/triggers/coronavirus-covid-19/> recommends that:

A reliever inhaler (usually blue) should be available for your child to use at home, school and any other place they may visit. It is strongly recommend that your child has an inhaler and spacer in school at all times. If you do not have a spare one for school you can order one from your GP. Your child should attend either the GP/Consultant/Practice nurse at least every 12 months and have an Asthma Action Plan.

If your child usually takes a preventer inhaler over the winter months speak to your GP/Consultant/Practice nurse about starting it now so that if your child does get COVID-19 it may help reduce the risk of being seriously ill.

In summary please ask your GP for

- A reliever inhaler for school
- A spacer for school
- A completed asthma action plan for school/ or health care plan

If you have any trouble getting these items please contact me on the above number.

Yours faithfully,

– School nurse

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Chief Executive: David Loughton CBE
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