

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3		Invasion Games	Net and Wall Dodgball	Invasion Netball	Health related fitness	Athletics Sports day.	Invasion Hockey
		Gym Symmetry	Dance	Invasion Handball	Outdoor adventure	Striking and Fielding Rounders	Net and Wall Tennis
Year 4	4K	Dance Around the world	Gym rolling and travelling	Invasion Football	Striking and fielding- cricket	Athletics	Invasion- Basketball
		Swimming	Swimming	Net and wall Badminton	Social Distance	Striking and fielding Tri golf Additional swimming for non-swimmers	Invasion Tag rugby Additional swimming for non-swimmers
	4S	Dance Around the world	Social Distance	Striking and fielding- cricket	Net and wall Badminton	Athletics	Invasion games- Basketball
		Invasion Football	Gym rolling and travelling	Swimming	Swimming	Striking Tri golf Additional swimming for non-swimmers	Invasion Tag rugby Additional swimming for non-swimmers
Year 5		Net and wall Tennis	Invasion Games	Net and wall games Volleyball	Invasion games Netball	Team Building	Invasion Games Ultimate Frisbee
		Gym Partner work	Dance	Health related fitness	Outdoor adventure	Athletics	Striking and Fielding Rounders
Year 6		Gym (Gym core tasks)	Net and wall games Netball	Net and Wall Badminton	Net and Wall Dodgball	Leadership	Problem Solving
		Social Distance 1	Invasion Games Danish long ball	Dance Haka	Invasion Games Handball	Athletics	Striking and fielding Cricket

Key stage 2 – Information on coverage.

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

<u>Curriculum requirement</u>	<u>Coverage</u>
Running	Cross Country
Jumping	Athletics, gym, dance
Throwing and catching	Invasion Games- Throwing and catching
Competitive games	Hockey, tag rugby, cricket, rounder, tennis, netball
Attacking and defending	Invasion Games- Tactics, attacking and defending
Develop flexibility, strength, technique, control and balance.	Athletics, gym, dance
Perform dances using a range of movement	Dance
Take part in outdoor adventurous activities both individually and as a team	Outdoor adventure
Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Dance, gym