## **PSHE** at home

The resources will:

- Help embed and enhance key concepts of PSHE with activities to encourage children to think and reflect
- Focus on positive themes that are safe for parents to discuss with their child, avoiding unsafe subjects
- Provide family-friendly activities that promote discussion
- Avoid, for the most part, the need for resources other than pencil and paper (home printer not essential)

How to access the resources

- The links below will take parents to an overview page.
- Four separate links then direct them to age-appropriate activities based on the SCARF half-termly unit that you've chosen.
- No sign-in or password is required

AUTUMN 1: Me and My Relationships

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships

AUTUMN 2: Valuing Difference

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference

SPRING 1: Keeping Safe

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/keeping-myself-safe

SPRING 2: Rights and Responsibilities

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/rights-and-responsibilities

SUMMER 1: Being my Best

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/being-my-best

SUMMER 2: Growing and Changing

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/growing-and-changing