

EYFS – Development Matters- Personal, Social and Emotional Development

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<p>Marvellous Me</p> <p>Begin to seek out others to share experiences, turn taking, sharing. Separate from main adult with support and seek help from an adult when needed.</p>	<p>Let's Celebrate</p> <p>Begin to form relationships with other children. Express preferences and needs.</p> <p>Begin to manage their own behaviour and actions. Know their immediate family</p>	<p>Once Upon a Rhyme</p> <p>Encourage others to join in with play. Begin to accept the needs of others and take turns and share with support.</p> <p>Demonstrate friendly behaviour. Develop confidence with unfamiliar people.</p> <p>Understand that all of their wishes may not be met.</p> <p>Talk about significant events, occupations and ways of life. Recognise special times or events.</p>		<p>Wonderful World</p> <p>Form good relationships with peers and family members.</p> <p>Talk confidently to adults and other children.</p> <p>Usually adapt to meet changes in routine. Initiate conversations and listen to others.</p> <p>Select activities and resources independently.</p> <p>Show an awareness of boundaries and behavioural expectations.</p> <p>Talk about differences and similarities in relations to friends and families. Begin to talk about family customs and routines.</p>	

Reception	Marvellous Me  Starting school – getting on with everyone, making relationships. Who is in my family? What makes them special?  Create family tree.	Twinkle, Twinkle Little Star  Dealing with feelings.  Fire safety linked to Bonfire Night  Discuss similarities between customs and traditions.	People who help us.  Healthy eating  Exercise Healthy life choices.	Secret Garden  Managing feelings and behaviour.	Once Upon a Time  Self-confidence and self-awareness. Identify personal qualities. Share positive experiences. Recognise and enjoy own and other success.	Wild Things  Relationships and transition to year 1. Positive friendships. Share worries about transition.
Key Stage One and Two – Personal, Social, Health and Economic Education Topic Titles						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Our Friends	Respectful Relationships	Healthy Lifestyle	Our Family	Looking After Me	Looking After Me
Year 2	Our Friends and Family/ Being Safe		Healthy Lifestyles		Looking After Ourselves	

Year 3	Caring Friendships and Respectful Relationships.	Families and People who Care for Me/ Being Safe	Mental Well Being	Physical Health and Fitness Drugs, alcohol and tobacco	Health Prevention	Internet Safety and Harm
Year 4	Friendships and Managing Feelings within friendships. Internet Safety and Harm.	Mental Health including WellBeing Week.	Drugs/ Medicines Healthy Diets	First Aid Respectful Relationships	Sun/ Water Safety Caring Relationships	Personal Hygiene Dental Hygiene
Year 5	Online Safety Safe online Relationships Internet Safety and Harms	Mental Well Being (Including well-being week and Anti Bullying Week).	Drugs, alcohol and tobacco. Physical Health and Fitness.	Healthy Eating	Families and people who care for me. Caring Friendships.	Respectful Relationships Changing Adolescent Body.
Year 6	New Beginnings	Getting On and FallingOut.	Dealing with Feelings	Drugs Education	Keeping Safe	Growing Up and Relationships  Parent Meetings to share content prior to some lessons.