

PUBERTY

Year 5

Ground Rules

No such thing as a silly question

Confidentiality – we don't share what other people have told us

Respectful of each other

Listen to each other

Don't laugh at other people

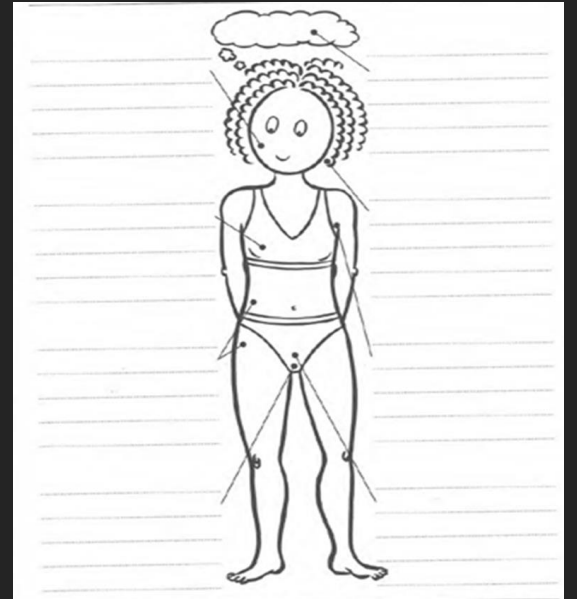
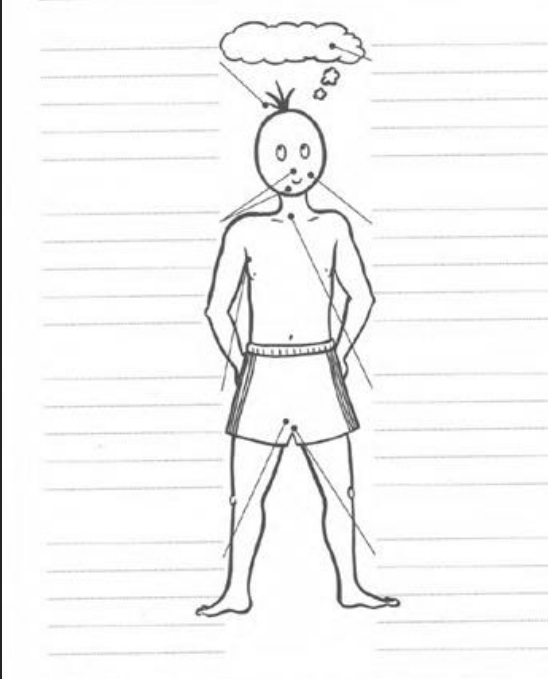
Use the correct words



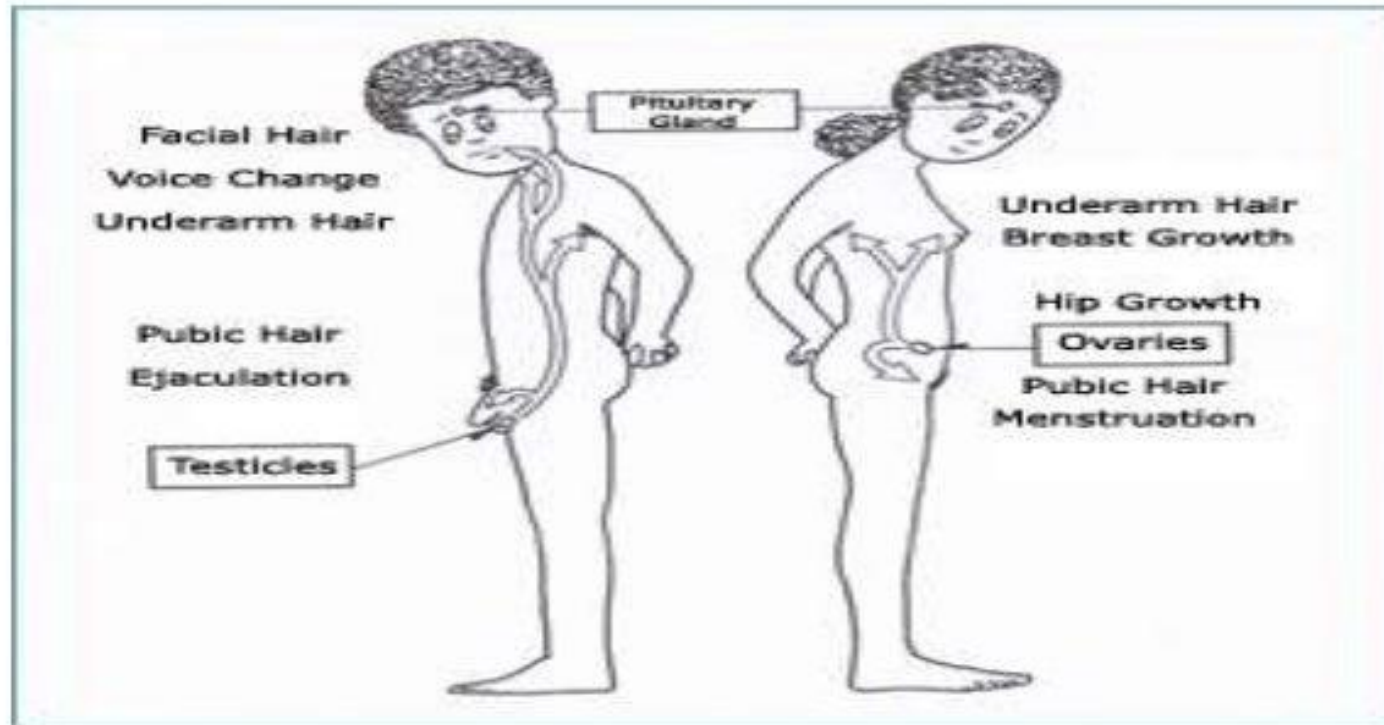
What is Puberty?



Body Changes



Physical changes during puberty



Emotional
changes
during
puberty



Bored



Happy



Embarrassed



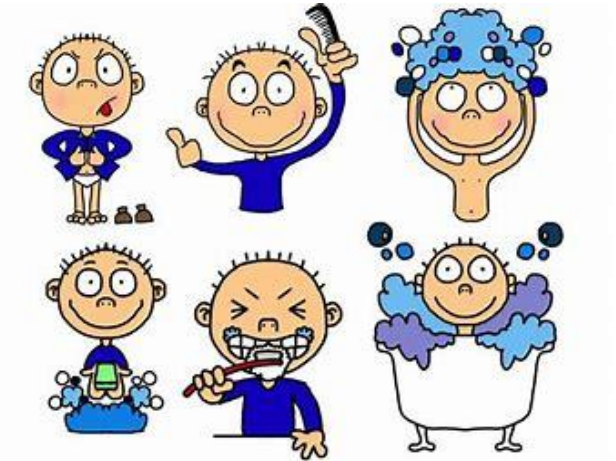
Annoyed



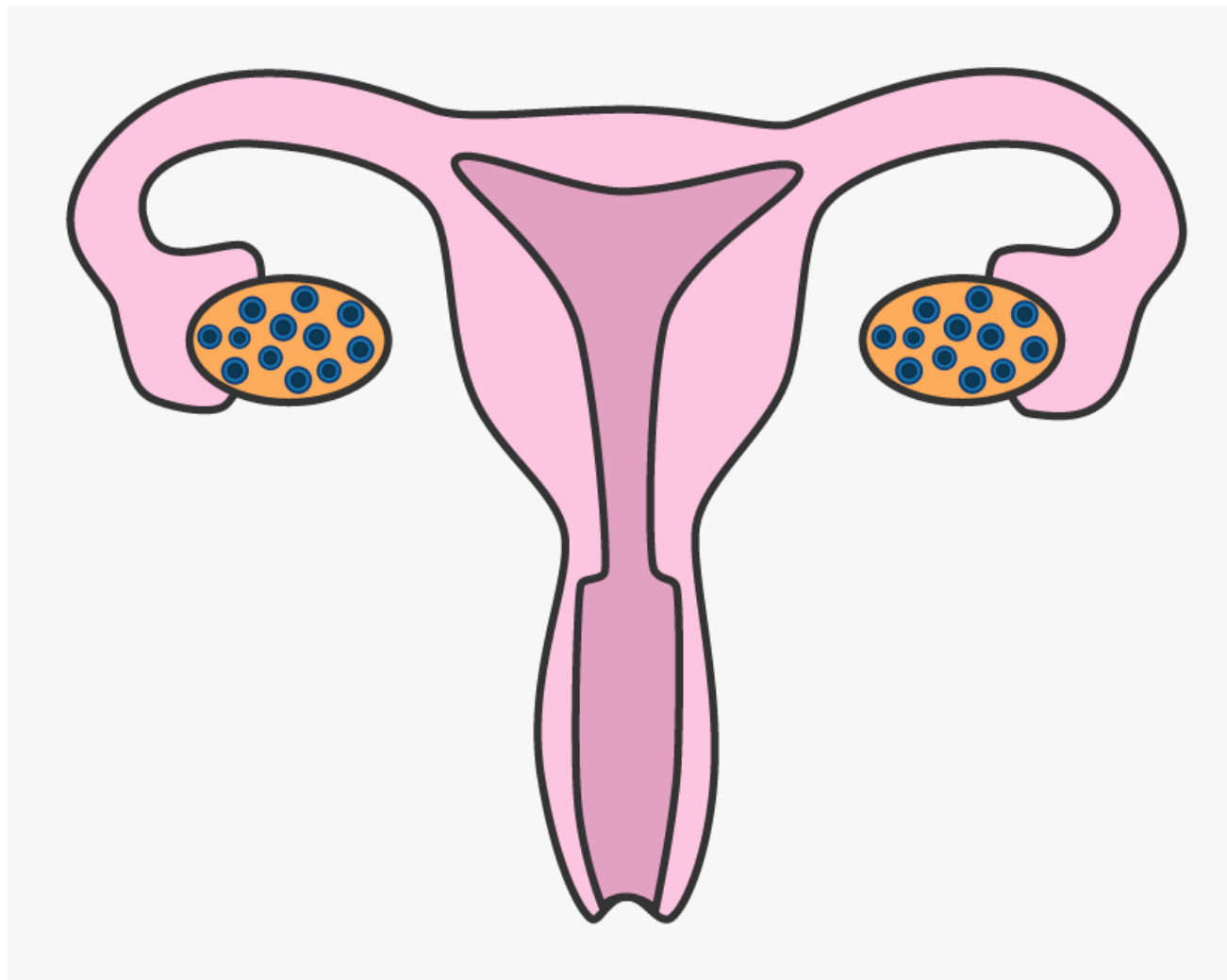
Angry

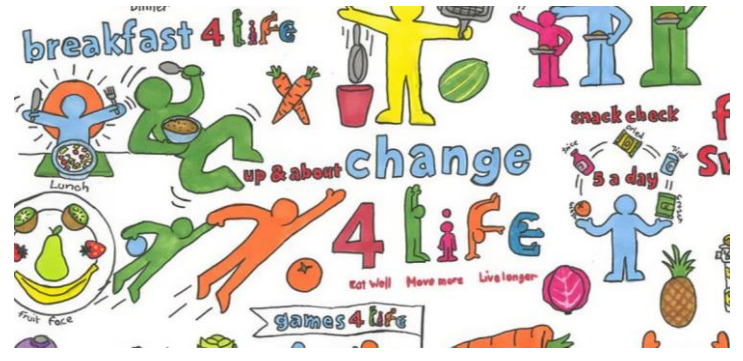


Confused



Stuff for girls
—
menstruation
(periods)





Stuff for boys:
erections & wet dreams





It's Good To 'Talk'

The image features the text "It's Good To 'Talk'" in a red, rounded, sans-serif font. The text is centered and overlaid on a collection of colorful, 3D-style speech bubbles. From left to right, there is a light blue bubble, a yellow bubble, a green bubble, a pink bubble, and a purple bubble. The purple bubble is a thought bubble with two smaller circles leading down to it. The background is plain white.