



Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham, Cheese and Tomato Pizza served with Diced Potatoes	Cottage Pie	Roasted Chicken with Gravy served with Roast Potatoes	Sausage & Tomato Pasta served with Warm Baguette Slice	Fish Fingers served with Chips & Ketchup
VEGETARIAN	Cheese and Tomato Pizza served with Diced Potatoes	Vegetarian Mince Cottage Pie	Roasted Vegan Quorn Fillet with Gravy served with Roast Potatoes	Roast Vegetable Frittata served with Warm Baguette Slice	Vegetable Fingers served with Chips & Ketchup
JACKET POTATO/ DELI OFFER	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise
SEASONAL VEGETABLES	Carrots & Broccoli	Sweetcorn & Cabbage	Carrots & Green Beans	Swede & Carrots	Garden Peas & Baked Beans
DESSERTS	Chocolate Sponge served with Custard	Oat & Cinnamon Cookie	Banana Muffin	Chocolate & Orange Shortbread served with Apple Slices	Fruity Friday

AVAILABLE DAILY: Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt and Jelly



School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life which means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools



Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain



Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spanish Chicken with Rice	Beef Pasta Bolognese	Roasted Chicken with Gravy served with Roast Potatoes	Pork Sausages served with Mashed Potato & Gravy	Battered Cod Fillet or Fish Fingers served with Chips & Ketchup
VEGETARIAN	Vegetable Curry served with Fluffy Rice	Macaroni Cheese	Roasted Vegan Quorn Fillet with Gravy served with Roast Potatoes	Quorn Vegan Sausage served with Mashed Potato & Gravy	Tomato and Cheese Pizza Pinwheel served with Chips
JACKET POTATO/ DELI OFFER	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise
	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise
SEASONAL VEGETABLES	Carrots & Broccoli	Peas & Sweetcorn	Swede & Cauliflower	Green Beans & Carrots	Garden Peas & Baked Beans
DESSERTS	Oat & Cinnamon Cookie with Orange Slices	Iced Sponge with Custard	Vanilla Ice Cream with Fresh Fruit	Shortbread with Apple Slices	Fruity Friday

AVAILABLE DAILY: Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt and Jelly



Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Homemade BBQ Chicken served with Fluffy Rice	Beef Burger served with Potato Wedges	Roasted Chicken with Gravy served with Roast Potatoes	Beef Lasagne served with Warm Baguette Slice	White Fish or Salmon Fish Fingers served with Chips & Ketchup
VEGETARIAN	BBQ Vegetable & Mixed Bean Wrap served with Fluffy Rice	Vegetable Burger served with Potato Wedges	Roasted Vegan Quorn Fillet with Gravy served with Roast Potatoes	Vegetarian Lasagne served with Warm Baguette Slice	Cheese and Tomato Pizza served with Chips
JACKET POTATO/ DELI OFFER	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise	Jacket Potato Grated Cheese, Baked Beans, or Tuna Mayonnaise
	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise
SEASONAL VEGETABLES	Carrots & Broccoli	Garden Peas & Cabbage	Green Beans & Cauliflower	Swede & Broccoli	Garden Peas & Baked Beans
DESSERTS	Flapjack with Orange Segments	Jam Sponge served with Custard	Shortbread with Apple Slices	Apple Crumble served with Custard	Fruity Friday

AVAILABLE DAILY: Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt and Jelly